

ESH NEWS

A NEWSLETTER FOR EMPLOYEES OF

EVANSVILLE STATE HOSPITAL

ALL STARS VICTORIOUS WITH 34-38 WIN

By Mark Majors, Rehabilitation Therapy Clinical Supervisor

The 2008 Staff versus ESH All Stars game was played on April 4th in the ESH gym. Prior to the game, **Pam Grewe**, head coach for the Staff team, stated "I've waited all year for this! My team has been putting in extra time on the court to prepare for this match up and I'm confident that victory will finally be ours!"

Bob Glaser, assistant coach of the All Star team was just as confident; "I have some folks who can really move the ball. I have no doubt we will wear them down." As the afternoon wore on, it was obvious that the All Stars had a game plan that worked as they strolled to a 34-38 victory over the staff team. Their victory was dedicated to their head coach, **Cathe Fulcher**, who was not able to be at the game.



ESH Staff team cheerleaders **Deborah Davis, Retha Weber, Laura McDonald, and Brenda McCormick-Crow** get their fans pumped up during a break in the basketball game.

Spectators were treated not only to a great basketball game, but also an exciting half time show as well as entertainment from the cheer leading squads from both teams. Refreshments were served following the game for all who came to watch or participate in this special event. Many thanks to all who made this traditional event such a success!



Dr. Patricia Morrison takes a peek at the basket after several unsuccessful attempts to make a free-throw while blindfolded during the half-time show.

COMMUNITY OUTING

By Linda Deig, Rehabilitation Therapy

On April 24, nine ladies from the Women's Issues class along with four employees went for a leisurely picnic in the park area at the Four Freedoms Monument. They visited the Evansville Museum of Arts and Science and saw the HALSTON exhibit. Halston was an American fashion designer who grew up in Evansville, conquering the fashion world in the late 1960s and 1970s. Included in the exhibit were his fashions of day and eveningwear, shoes, hats, and fragrance products. One item of interest was a replica of the early Pillbox Hat that was designed for Jackie Kennedy and another hat made of monkey hair. At the end of the afternoon, each of the ladies had picked their own favorite of the show. It was certainly a delightful day for all.

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MAY IS MENTAL HEALTH MONTH

Depression: Out of Darkness will air on local PBS stations beginning on Wednesday, May 21. This hour-long documentary weaves the science and treatment of depression with intimate portrayals of families and individuals living with its effects which include a Minneapolis mother who experienced postpartum depression after the birth of her first child; a top-level, workaholic CEO, who successfully reentered the business world he thought he'd forever lost; and an elderly woman who received electroshock therapy for her depression. A panel discussion with Ken Duckworth, National Alliance on Mental Illness medical director will be moderated by television anchor Jane Pauley following the documentary. The National Institute of Mental Health reports that approximately 18.8 million American adults have a depressive disorder. The disease, like all mental illnesses, does not discriminate and seeps into all age, race, gender, and socioeconomic groups. Depression stalls careers, strains relationships, and sometimes ends lives. Get educated!

HEADS UP! By Warren Fischer, Security

Each employee is issued a blue and white vehicle tag when they are hired. This should be hung on your rear-view mirror with the number facing forward. These tags allow Security staff to identify the owner of a vehicle if necessary. Only one tag is issued per employee. If you have more than one vehicle, then please transfer the parking tag to the vehicle you are driving at that time. If your tag is lost, please see Security for a new one.

A handicap parking tag may be obtained from the Security Department. Simply bring your vehicle registration, driver's license, blue and white ESH tag, and a handicap authorization form from your doctor stating it is for you (not spouse or family member). Security will then issue you a red and white parking tag. The purpose of the red and white tag is to show that your handicap authorization form is on file with Security. This system will benefit those who need to use the handicap spaces.

On another note, Security is in hot pursuit in an attempt to capture a mother cat and her three baby kittens. Officer Bushard and Office Darvalics did capture one kitten who was promptly adopted by a staff member. If the other cats are captured, they will also be given a home. If you see a cat or kitten in one of our traps, please do not open the trap. Notify Security immediately. Please do not feed the cats as this makes it harder to capture them.

A hearty welcome to our new Security officer Susan Darvalics. After training, she will be working third shift.

Please remember spring is here and everything is coming alive. Heavier vehicle and pedestrian traffic will require extra attention for those driving through the grounds. Please drive safely.

STAFF TRAINING & NEWS**Upcoming Training Sessions—May/June 2008**

May 20 Dealing with Grief and Loss
 May 22 Injectable Therapy for those with Mental Illness
 May 23 Pain Management
 June 5 Treatment Options for Schizophrenia
 June 6 Suicide Awareness
 June 12 Oral Hygiene for Patients

These sessions are all held in the Oak Conference Room.

Thunder Medical Team: Free first aid classes are available for those interested in working with the ESH Medical Team at Thunder on the Ohio this year. Dates for the classes are May 16 from 8 a.m.—12 noon; and May 19 from 1-5 p.m. All classes will be taught at American Red Cross-Stockwell Rd. This is a volunteer opportunity; employees may request vacation, personal, or compensatory time according to hospital procedures. Contact Willie Ruckman for details.

Employee Discounts: *Holiday World* tickets and fun club savings coupons are now available in Community Services. *Kings Island* discounted tickets can be purchased online through the State Employee Discount Program's website at www.in.gov/spd/2439.htm. *Bob's Gym* is offering a corporate discount for state hospital employees; please see Community Services for rates at the various fitness locations.

HELLO

Carolyn Covert, Nursing Service Secretary
 Peggy Feller, Nursing Service Secretary
 Robert Casey, Physical Plant

**GOODBYE**

Robert Phillips, Nursing Service
 Malinda Stagg, Nursing Service
 Matt Turley, Nursing Service

ESH NEWS

Beginning with this issue, the ESH News will be distributed every other month. You'll also notice a new look to the newsletter in the next few months.

We want your help with renaming the newsletter with a catchy title. Please email or submit your ideas in writing to the Community Services Office by June 15, 2008.

KUDOS to our generous employees! \$471 was collected in donations for the *March of Dimes* through the March for Babies event on Saturday, April 26. Present at the walk were team members *Bambi Barlett, Melissa Ficklin, Haley Darr, Kim Wells, and Lori Ellerbrook*, and several family members including *Korey*, Bambi's grandson who was born 7 weeks premature and was this year's team honoree. The sales of team shirts, baked items, fruit snacks, and soft drinks helped generate contributions this year. Thanks for caring about the health of ALL babies!



ESH Team members (back row) Haley Darr, Lori Ellerbrook, Sherry Walker, Tonya Smith, Theresa Arvin; (front row) Bambi Barlett, Cindi Gehlhausen, Melissa Ficklin



2008 GRADUATES



Debbie Wilson, Continuum of Care: Son *Tommy Wilson* is graduating from Indiana University with a Bachelor of Arts degree in Telecommunications. He will be going to Nashville for an internship in audio recording after graduation.

Son *Steven Wilson* is graduating from Castle High School and plans to attend the University of Southern Indiana.

Donna Dant, Fiscal Management: Son *Josh Taylor* is graduating from Harrison High School and plans to attend Indiana State University where he will major in music.

Connie Cayton, Nursing Service: Grandson *James Cayton Taylor* is graduating from Henderson County High School on May 28th.

Michael Paul, Nursing Service: Daughter *Gabriella Eddings* is graduating from high school. She has been home schooled since the third grade. She has been accepted to Brigham Young University in Idaho where she will be taking classes to become a nutritionist. She has volunteered at St. Mary's Medical Center and the American Red Cross.

Mindy Miller, Rehabilitation Therapy: Daughter *Emily Miller* is graduating from the United States Military Academy at West Point. She will be a 2nd Lieutenant stationed at Ft. Lewis, WA.

Daughter *Erin Miller* is graduating from Memorial High School and will be attending Western Kentucky.



Donna Calloway, Pharmacy: Son *Derek Calloway* is graduating from Harrison High School and plans to attend Ivy Tech Community College in the fall.

Nancy Soelter, Nursing Service: Daughter *Sally Cosgrove* is graduating from the RN program at Ivy Tech Community College in May. Husband *Eric Soelter* received his PhD in Philosophy and Social Work from the University of Louisville in December 2007.

John Beavin, Physical Plant: Son *Jacob Beavin* will graduate on May 22 from Harrison High School with an Academic Honors Diploma. He plans to attend the University of Southern Indiana in the fall. Jacob was active in the National Honor Society, Varsity Baseball, and was Editor-in-Chief of the *Harrison Prophet* newspaper.

Kimberly Wells, Environmental Services: Daughter *Faith Wells* is graduating from the University of Southern Indiana on May 11th with a degree in Business Administration. She will work at Deaconess Hospital following graduation.

Sue Calli, Nursing Service: Granddaughter *Danielle Fernandez* has been accepted into the Pharm D program at the University of North Carolina after finishing three years of undergraduate school at the University of Miami and University of North Carolina. She has also been accepted for a summer program in Santiago Chili for pre-med, pre-pharmacy, and pre-dental bilingual students.

Granddaughter *Alexis Fernandez* is graduating from Cary High School with highest honors, and has been accepted at the University of North Carolina.

Judy McCarty, Nursing Service: Daughter *Sarah McCarty* graduated from Ivy Tech Community College in May with an Associate of Science in Nursing.

Victoria Whitehead, Information Technology: Daughter *Kylee James* graduates from Perry County High School on May 25th. She will be attending Western Kentucky University at Bowling Green where she will major in advertising and graphic design.

Cindi Gehlhausen, Rehabilitation Therapy: Daughter *Whitney Gehlhausen* graduated from Indiana University with a degree in Political Science, Economics, and a Business Certificate.

Karen Wathen, Nursing Service: Son *Austen Henson* is graduating from 8th grade at Oak Hill Middle School.

Noteworthy Recognition—Thanks for going above & beyond!

Kim Bennett, Nursing Service
Thomas Blane, Nursing Service
Adam Cole, Nursing Service
Aaron Curl, Nursing Service
Alice Elrod, Nursing Service
Glen Ennulat, Nursing Service



Mary Evans, Nursing Service
Patricia Everett, Nursing Service
Diane Hames, Nursing Service
Lila Mazkooori, Nursing Service
David Mitchell, Nursing Service
Dane Prevo, Nursing Service

Paula Price, Nursing Service
Stephen Randall, Nursing Service
Shirley Reed, Nursing Service
Donna Vasquez, Nursing Service
Jodi Yarbrough, Nursing Service

ESH NEWS

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Evansville State Hospital

Division of Mental Health & Addiction

IN Family & Social Service Administration



ESH NEWS

ANNUAL VOLUNTEER & RETIREE LUNCHEON



73 volunteers, retirees, and guests attended the annual recognition luncheon on Thursday, May 1. The thank you party celebrated the achievements of hospital volunteers who contributed over 1,200 hours of service in 2007 as well as honored hospital retirees for their dedication and service. Attendees were recognized with a candy yellow rose, a symbol of joy and friendship. They were commended for sharing their precious time, talents, and treasures at ESH. Guest speaker, retiree Glenda Cromeans, shared some humorous stories over her 40 year career and friendships she had made along the way.

Those in attendance were volunteers *Patricia Burggrabe, Doug Goepfner, Mike House, Henry Whittaker, Chris Martin, Donna Mesker, Marcia Barclay, Marge Ennis, Betty Jones, Scott Lancaster, Vera Lee, Tina Mattingly, Jim Millard, Ella Minor, Carol Miskinis, Louise Tucker, Cherrel Underwood, Rosie Mesker, Jo Ann Morris, Ann Schneider, Ruth Giannini, Betty Foster, Joan Williams, Kathy Wilsman, Janice Grismore, Claire Williams, Ruth Wathen, Harold Batcke, Dorothy Schneider, Margaret Schmitt, Mary & David Dickens, Sheila Gunn, Susan Wells, Cecelia Schulz, Carleen & Maury Wade, John Sakel, Bernice Rainey, and Evelyn Lemmons.* Groups in attendance were *Tri State Navy Mothers Club, Simpson United Methodist Church, W.O.W. Red Hat Society, East Side Lions, Fairlawn United Methodist Church, St. Vincent*



Volunteers Vera Lee and Jim Millard have a good time at the recognition program on May 1.

DePaul Society of St. Benedict Cathedral, American Legion Auxiliary, Hadi Shrine Brass Band, The Temple Airs, and Gibson County MHA.

Retirees present were *Toni Arthur, Marcia Barclay, Lois Becker, Gloria Brown, Wilda Burnworth, Gladys Carroll, Sara Cox, Glenda Cromeans, Donna Cullum, Charles Esche, Bernie Ferguson, Mary Garrett, Floyd Greulich, Mareem Horn, Jack Humphrey, Lois Keerl, Kenny Keller, Merridy Little, Joanne Littrell, Shirley Parrish, Elmer*

Renner, Don Roberts, Mary Jane Scheucher, Lynn Sprinkle, Georgia Stover, Jan Stratman, Cherrel Underwood, Edna West, Nancy Woodruff, and Nancy York.

Our ESH friends who have passed away in the past year were remembered: *Charlene Armstrong, Mary Belwood Pickett, Lucy Carter, Mary Cassidy, Betty Combs, Judy Conn, Mary Crawley, Gerald Girtten, Robert Heuring, Barbara Hunt, Jan Kelsey, Laura Klueg, Tony Knapp, Mardelle McCormick, Jerry Melchior, Clyde Pointer, Bula Reisz, Irene Schaaf, Don Steinmetz, Mary Strickland, Viola Taylor, Mary Waterman, and Louise Winningear.*

ESH HOLIDAYS



MAY 6- ELECTION DAY

MAY 26—MEMORIAL DAY

